

# Karate Super League 2010



## Dear Student/Instructor Welcome to Karate Super League 2010

2009 was the first year of the Karate Super League and proved to be a great success with over 60 Competitors taking part from Meopham Karate Academy, Yamaguchi Goju kai & Hyo Gen Do.

The league will run from January 2010 to December 2010 and include results from all competitions that clubs have attended.

Awards will be given out to the top 10 best performing students of the year at the last Meopham or Goju tournament of 2010.

I'm delighted to inform you that Sensei Sat Sehra's Khalsa Karate Confederation will be taking part in 2010 Karate Super League.

Good luck to Sat and his students.

The format is very simple:

Juniors only, 15 years and under. Any students who are 16 before December 2010 can not participate.

**GOLD = 4 POINTS, SILVER = 3 POINTS, BRONZE = 2 POINTS**  
Students that participate but don't get placed 3<sup>rd</sup>, 2<sup>nd</sup> or 1<sup>st</sup> will receive 1 participation point.

The League table will be updated after each tournament and sent to Sensei Mark Adams, Sensei Steve Groom & Sensei Sat Sehra.

It can also be viewed on the Meopham Karate Academy website:

[www.meophamkarateacademy.co.uk](http://www.meophamkarateacademy.co.uk)

Please note that there is now a £1.00 administration charge for students that go on to the Super League. You will need to pay this to your instructor at the end of 2010

I hope you enjoy and have great success in the new league

Steve Coleman

Meopham Karate Academy

